

MAITRI

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A monthly chronicle of India-Japan cultural fellowship

PAGE 1 OF 2 · EVENTS 01-04

EVENT

DESCRIPTION

PHOTOGRAPH

01

Nagano Day Celebration

8 JULY 2026

Vivekananda Cultural Centre (VCC), Tokyo hosted cultural performances as part of an event celebrating Nagano Prefecture at the Embassy. The programme featured an energetic Lion Dance by the Dengakuza group and a graceful Kathak performance by Ms. Atsuko Maeda and her team, highlighting the role of culture in strengthening people-to-people ties between the two countries.



02

Interaction with Japan's Yogasana Team

9 JULY 2026

Ambassador Ms. Nagma M. Mallick welcomed the Japan Yogasana Team at the Embassy following their successful participation in the first World Yogasana Championships held in Ahmedabad, Gujarat. Team Japan delivered an impressive performance, securing the second position in the overall championship rankings.

11 medals

3 gold

2nd overall



03

Dhol Workshop

11 JULY 2026

The VCC organised a Dhol Workshop to introduce participants to the traditional Indian percussion instrument. During the workshop, participants learned the fundamentals of dhol playing, including basic drumming techniques and rhythmic patterns, in an engaging session celebrating the vibrant tradition of Indian percussion music.



04

IDY at Chiba Prefecture

12 JULY 2026

The VCC organised an International Day of Yoga session in Minamiboso, Chiba Prefecture, in line with this year's theme, "Yoga for Healthy Ageing." The session was conducted by VCC's Yoga instructor and co-organised with MP Ms Ai Aoki, attended by Minamiboso City Mayor Mr Hidekazu Watanabe and other city officials.



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EVENT

DESCRIPTION

PHOTOGRAPH

05

Ramayana Screening at the National Diet

14 JULY 2026

The VCC partnered with the Japan–India Policy Forum for a special screening of “Ramayana: The Legend of Prince Rama” at the National Diet of Japan. Ambassador Ms. Nagma M. Mallick highlighted the India–Japan co-produced anime as an example of strong cultural ties, while DCM Shri R. Madhu Sudan spoke on 75 years of India–Japan relations.



06

Royal Rajasthan: Heritage, Culture & Tourism

20 JULY 2026

The VCC organised a Kalbelia Dance performance by Rangl Phool at the VCC Auditorium, showcasing the vibrant folk traditions of Rajasthan. The performance introduced the audience to Kalbelia dance, inscribed on UNESCO’s Representative List of the Intangible Cultural Heritage of Humanity in 2010.

UNESCO heritage



07

JASSO Study Abroad Fair

25 JULY 2026

The VCC participated in the JASSO Study Abroad Fair 2026 to promote higher education opportunities in India among Japanese students. At the India booth, students were introduced to the Study in India programme, ICCR scholarship opportunities, and avenues for pursuing higher education at Indian institutions.



08

Indian Musical Evening — Sarod

29 JULY 2026

The VCC organised an Indian Musical Evening featuring a Sarod performance by Rajrupa Chowdhury, accompanied by U-zhaan on Tabla. The performance introduced the audience to the distinctive sound and tradition of the Sarod and offered an engaging experience of Indian classical music, witnessing a full house at the VCC Auditorium.



UPCOMING EVENTS

AUGUST, 2026

Vivekananda Cultural Centre



THURSDAY

06

AUGUST

**Incoming School Visit of
Kodaira Minami High School**

VCC Meeting Room



FRIDAY

21

AUGUST

**Indian Culture Workshop for Kids,
Kathak and Tabla**

VCC Classrooms



SATURDAY

22

AUGUST

Indian Lippan Art Workshop

VCC Classroom



FRIDAY

28

AUGUST

Rakshabandhan Celebrations

VCC Auditorium

WEEKLY CLASS SHEDULE

VIVEKANANDA CULTURAL CENTRE
EMBASSY OF INDIA, TOKYO



YOGA
YOGA THERAPY
SANSKRIT
HINDI

Time	MON	TUE	WED	THURS	FRI	SAT
08:00-09:00						YOGA K CLASS
09:00-10:00		YOGA G CLASS	YOGA A CLASS	YOGA G CLASS	YOGA A CLASS	
09:30-10:30						YOGA L CLASS
11:00- 12:00-						YOGA O CLASS
11:00-12:00		YOGA B CLASS	YOGA H CLASS	YOGA B CLASS	YOGA H CLASS	
15:30-16:30		SANSKRIT LANGUAGE	YOGA N CLASS	YOGA M CLASS	YOGA N CLASS	
17:00-18:00	HINDI LANGUAGE	YOGA I CLASS	YOGA C CLASS	YOGA I CLASS	YOGA THERAPY	
18:30-19:30	YOGA D CLASS	YOGA E CLASS	YOGA F CLASS	YOGA D CLASS		



ICCRinJapan



ICCR_Japan



vcc_tokyo

WEEKLY CLASS SHEDULE

VIVEKANANDA CULTURAL CENTRE
EMBASSY OF INDIA, TOKYO



TABLA
KATHAK
ODISSI

Time	MON	TUE	WED	THURS	FRI	SAT
10:15-11:15						TABLA BEGINNER
10:30-11:30	KATHAK BASIC					
11:00-12:00			TABLA ONLINE			
11:45-12:45	KATHAK ADVANCE					
11:30-12:30						TABLA Intermediate
14:30-15:30						Kathak for kids
15:45-16:45						Kathak Basic
18:30-19:30	Odissi	TABLA Beginner			TABLA Intermediate	
19:00-20:00			TABLA Intermediate			
19:30-20:30	Odissi			Odissi Online		
19:45-20:45		TABLA Intermediate			TABLA BEGINNER	



ICCRinJapan



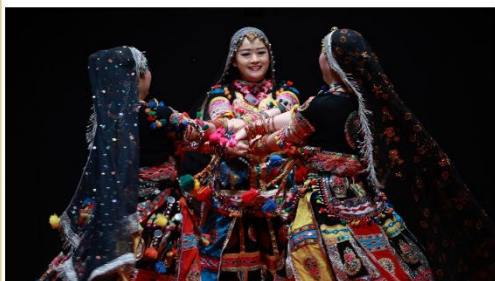
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★ MEMORIES OF THE MONTH ★

JULY 2026



Vivekananda Cultural Centre

Embassy of India, Tokyo



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